

# GARROWBYBENEFICE



**The Third Sunday of Easter**  
Holy Communion

## Opening Music: Monastic Bell and Come Holy Ghost

### Welcome

Alleluia Christ is risen

**All He is risen indeed. Alleluia**

O Lord, open our eyes to your presence

Open our minds to your grace

Open our lips to your praises

Open our hearts to your love

Open our lives to your healing

And be found among us.

**All Amen**

*(David Adam)*

### Prayer of Confession

We come seeking forgiveness for all that we have failed to be and do as members of Christ's body.

### Silence

In God there is forgiveness

**All Loving and all seeing God, forgive us**

**Where we have fallen short of your image in us**

**Where we have failed to support one another**

**And be what we claim to be**

**Where we have failed to serve you**

**Where our thoughts and actions fail to reflect your love,  
we ask your pardon**

God forgives us, be at Peace

### Silence

Rejoice and be glad for Christ is the resurrection,

And offers reconciliation for the whole human race

**All We shall be one in Christ, one in our life together.**

**Praise to God who has created us, accepted us,**

**And who sends us into the world**

### Gloria (Sung)

## The Collect

Almighty Father, who in your great mercy gladdened the disciples with the sight of the risen Lord: give us such knowledge of his presence with us, that we may be strengthened and sustained by his risen life and serve you continually in righteousness and truth; through Jesus Christ our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and forever.

**All Amen**

Journeying in faith together: the Ministry of the Word

As we prepare to explore God's word let us pray together

**All May God guide each of us in the way of Christ,  
whatever our age or experience.  
May the love of God speak to us all**

## A reading from the Old Testament: Psalm 4

In peace, in peace I will lie down and sleep

**All In peace, in peace I will lie down and sleep**

Answer me when I call, O God of my right!

You gave me room when I was in distress.

Be gracious to me, and hear my prayer.

How long, you people, shall my honour suffer shame?

How long will you love vain words, and seek after lies?

**All In peace, in peace I will lie down and sleep**

But know that the Lord has set apart the faithful for himself;  
the Lord hears when I call to him.

When you are disturbed,[a] do not sin;

ponder it on your beds, and be silent.

**All In peace, in peace I will lie down and sleep**

Offer right sacrifices,  
and put your trust in the Lord.

There are many who say, 'O that we might see some good!

Let the light of your face shine on us, O Lord!'

You have put gladness in my heart

more than when their grain and wine abound.

I will both lie down and sleep in peace;

for you alone, O Lord, make me lie down in safety.

**All In peace, in peace I will lie down and sleep**

## The Gospel

Hear the gospel of our Lord Jesus Christ according to Luke 24 36b-48

**All Glory to you O Lord**

While they were still talking about this, Jesus himself stood among them and said to them, "Peace be with you."

They were startled and frightened, thinking they saw a ghost. He said to them, "Why are you troubled, and why do doubts rise in your minds? Look at my hands and my feet. It is I myself! Touch me and see; a ghost does not have flesh and bones, as you see I have."

When he had said this, he showed them his hands and feet. And while they still did not believe it because of joy and amazement, he asked them, "Do you have anything here to eat?" They gave him a piece of broiled fish, and he took it and ate it in their presence.

He said to them, "This is what I told you while I was still with you: Everything must be fulfilled that is written about me in the Law of Moses, the Prophets and the Psalms."

Then he opened their minds so they could understand the Scriptures. He told them, "This is what is written: The Messiah will suffer and rise from the dead on the third day, and repentance for the forgiveness of sins will be preached in his name to all nations, beginning at Jerusalem. You are witnesses of these things.

This is the gospel of the Lord

**All Praise to you O Christ**

## Sermon

*Hymn: He will hold me fast*

## The Creed

Let us affirm our faith in Jesus Christ the Son of God.

**All Though he was divine,  
he did not cling to equality with God,  
but made himself nothing.  
Taking the form of a slave,  
he was born in human likeness.  
He humbled himself  
and was obedient to death,  
even the death of the cross.  
Therefore God has raised him on high,**



and given him the name above every name:  
that at the name of Jesus  
every knee should bow,  
and every voice proclaim that Jesus Christ is Lord,  
to the glory of God the Father.  
Amen.

## Prayers of Intercession

### The Peace

Christ who nourishes us is our Peace.

Strangers and friends, male and female, old and young, he has broken down the barriers to bind us to him and to each other.

The peace of the Lord be always with you.

**All And also with you.**

### Abiding

We gather to celebrate life, the life of God in the world, made flesh and blood in Jesus, embodied in us.

We come to remember the body that was broken, the hands that touched the untouchables, healed the hurting and did no violence, the feet that god dusty along city streets and at the lake's shore, the arms that welcomed the stranger and embraced the outcast, the eyes that blazed against injustice, knew how to cry and saw the potential in everyone, the lips that wove stories and painted pictures of a new community and a better world.

This blessed body that was broken, abused and rejected, we come to remember, for we are called to be the body of Christ.

### Holy Communion

May God be with you

**All And also with you**

Lift up your hearts.

**All We lift them to God**

Let us give thanks to our gracious God.

**All It is right to give thanks and praise.**

Ground of Being, great I AM, your breath sweeps through the universe bringing life to life.

We praise you for your energy and your intention for all creation.

In Jesus you displayed your love, made known your wisdom, and called us to yourself.

You wait and weep and sorrow as we prefer self-interest over all that is good, for us, for others and for our world.

Yet reaching out with open arms you draw us to yourself revealing the strength of love where we see only weakness.

And so with all who, through time, in our time and for all time rejoice in your being,

we join our voices in a song of endless praise

**All Holy, holy, holy Lord,  
God of truth and love,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Blessed is Jesus the bread of life. On the night he was betrayed he took a loaf of bread and when he had given thanks, he broke it and said,

This is my body which is broken for you, do this in remembrance of me. In the same way he took the cup after supper saying

This cup is the new covenant in my blood. Do this as often as you drink it in remembrance of me.

Blessed is Jesus the bread of life

**All Dying you destroyed death, rising you restored life  
Come to us Lord Jesus**

Be with us now, and breathe your spirit into this bread and wine. May we take them into our lives, grow in Christ, and be the breath of love in our being and becoming. Calling us to Christ like living fulfil in us all that you intend, as in our lives, and in community with Christ, we worship you source and ground and purpose of our being now and throughout all ages.

*John Schofield*

## **The Lord's Prayer**

**All** Our Father, which art in heaven,  
Hallowed be thy Name.  
Thy Kingdom come.  
Thy will be done in earth,  
As it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
As we forgive them that trespass against us.  
And lead us not into temptation,  
But deliver us from evil.  
For thine is the kingdom,  
The power, and the glory,  
For ever and ever.  
Amen.

## **The Distribution**

This broken bread we share is the body of Christ

**All** sign of all we live and risk together as the community of Christ

The cup we drink is the wine of the kingdom of God

**All** A sign of God's undertaking for the life of the world

We eat this bread and drink this wine holding in our hearts all whom we serve and love.

## **Prayer of commitment**

**All** Living one, creator and lover of the world, we offer our lives to you this day and our life together in you.

Accept us as we are, with all our stumbling and all our courage.

Guide us into what you would have us be. And in the power of the spirit enable us to be a sign of your presence in the world.

In the name of Jesus your living son. Amen.

## **Blessing**

The blessing of God, ground of being, bread of life and spirit of peace rest upon you and all whom you love, both living and departed now and always

**All** Amen

Go in peace to love and serve the Lord.

**All** In the name of Christ. Amen

## **Closing Music: Pie Jesu**