



GARROWBY BENEFICE

Trinity 5
Holy Communion

Introduction

The Gathering

From East and West, from North and South, God's people gather together in praise

All Glory and praise to God

From dawn to noon, from noon to night, God cares for His people

All Glory and praise to God

From sadness to joy, from death to life, God walks with His people

All Glory and praise to God, whose love for us is beyond our understanding

Hymn: How great thou art

Prayers of Praise

Glory to you O God, your Spirit brooded over the face of the waters. Your word called forth creation, your breath brought life to women and men

All And it was good

Glory to you O God, your graceful rainbow stretched across the heavens, your cloud led the people through the wilderness, your prophets proclaimed your ways

All And it was good

Glory to you O God, your love brought Christ to birth, your love led Christ to the cross, your love raised Christ from the tomb

All And it was good

Glory to you O God, your son ascended in glory, your Spirit came like wind and fire, your grace gave birth to a new community

All And it was good

Glory to you O God, your love has called us to worship you, your Spirit leads us into new things, your call sends us on

All Glory and praise to God

Confession

If we have lost our vision of your ways, Lord forgive us and renew us

All Lord have mercy

If we have closed our ears and failed to heed your call, Lord forgive us and renew us

All Christ have mercy

If we have been fearful of new things, reluctant to step into the unknown,
Lord forgive us and renew us

All Lord have mercy

If we have forgotten the joy of the gospel and do not trust in your peace,
Lord forgive us and renew us

All Christ have mercy

Silence

May the living God renew your vision, give you victory over sin, and set you free through His forgiveness. Amen

Collect

Almighty and everlasting God, by whose Spirit the whole body of the Church is governed and sanctified; hear our prayer which we offer for all your faithful people, that in their vocation and ministry, they may serve you in holiness and truth to the glory of your name through our Lord and saviour Jesus Christ who is alive and reigns with you in the unity of the Holy Spirit, one God, now and forever.

All Amen

New Testament Reading

Romans 8 1-11

Life in the Spirit

There is therefore now no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law—indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because

of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

This is the word of the Lord

All Thanks be to God

Hymn: Lord of eternity

Gospel

Hear the Gospel of our Lord Jesus Christ according to Matthew 13 1-9; 18-23

All Glory to you O Lord

The Parable of the Sower

That same day Jesus went out of the house and sat beside the lake. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: 'Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!'

The Parable of the Sower Explained

'Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

This is the Gospel of the Lord

All Praise to you O Christ

Sermon

Intercessions

Peace

In Christ the people of God are called together in peace.
The peace of the Lord be always with you

All And also with you

Hymn: How beautiful

Eucharistic Prayer

The Lord be with you

All And also with you

Lift up your hearts

All We lift them to the Lord

Let us give thanks to the Lord our God

All It is right to give our thanks and praise

Lord our God, gracious and holy, your power sustains all creation. In love you create all things and in mercy you redeem them. From age to age you gather a people to serve you, to proclaim your glory and to reveal your presence in all the world.

In the fullness of time you sent your son Jesus Christ, the true shepherd of your people; in Him we see your face and hear your word. In compassion he restored us and made us whole, laying down his life upon the cross and freely offering himself for all. You did not leave Him in death, but raised Him by your mighty power to make all things new.

Through Him you sent the Holy Spirit, to lead your people into all truth, calling out the Church to care for your world, to share in your mission. To proclaim your word in acts of love and service.

With all your people in earth and in heaven, we join the ceaseless song of praise

**All Holy, holy, holy Lord,
God of truth and love,
heaven and earth are full of your glory.
Hosanna in the highest.
Blessed is he who comes in the name of the Lord.
Hosanna in the highest.**

Father, we give you praise as we call to mind how at supper with His disciples, your Son Jesus Christ took bread and gave you thanks. He broke it and gave it to them, saying take this all of you and eat it, this is my body given for you do this in remembrance of me.

After supper he took the cup. He gave you thanks and gave it to them saying, drink this all of you, this is my blood of the new covenant shed for you and for all for the forgiveness of sins. Do this in remembrance of me.

**All Christ has died
Christ is risen
Christ will come again**

Therefore recalling Christ's offering of Himself and celebrating this feast of our redemption, we offer ourselves to you through Christ our great high priest. Send your Holy Spirit that these gifts of bread and wine may be for us the body and blood of Christ.

Remember Lord your church throughout the world, send your Spirit upon us, gather us into unity, strengthen our faith and sustain our hope.

Bring us with all who place their hope in you, to the promised feast in your kingdom, where forever we may offer you our praise, through Jesus Christ our Lord.

All Through whom, with whom and in whom in the unity of the Holy Spirit all honour and glory are yours now and forever. Amen.

THE LORDS PRAYER

**All Our Father, which art in heaven,
Hallowed be thy Name.
Thy Kingdom come.
Thy will be done in earth,
As it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
As we forgive them that trespass against us.
And lead us not into temptation,
But deliver us from evil.
For thine is the kingdom,
The power, and the glory,
For ever and ever.
Amen.**

The Breaking and sharing of the Bread

Christ is the true bread from heaven

All Christ gives life to the world

We take this bread on behalf of all whom we serve holding you in our hearts

Closing Prayer

We have brought the gift of ourselves, sung our hymns and remembered our God

All As we go into the world, help us to live our lives and grow into the people you wish us to be so that we may share, give, bless and help, through Jesus Christ our friend and saviour. Amen

Blessing

May God's joy be in our hearts, may God's peace be in our world and may God's love be known between us and the blessing of God Almighty, father, Son and Holy Spirit be with us all, now and forever.

All Amen.

Go in peace to love and serve the Lord

All Thanks be to God

Hymn: Believe